

Healthy Active Learning

The value of evaluation

The Healthy Active Learning evaluation is essential for:

- understanding the impact that Healthy Active Learning is having on the wellbeing of tamariki in Aotearoa New Zealand
- understanding what's working and what's not, so that Sport NZ and the Ministry of Health and Ministry of Education can improve the Healthy Active Learning initiative
- advocacy: Demonstrating value of Healthy Active Learning or similar initiatives focussing on tamariki wellbeing and securing support or funding for the future.

The evaluation covers the full scope of Healthy Active Learning. The three components are:



Ministry of Health

Providing a health promotion workforce to support schools, kura, and English and Māori-Medium early learning services to create healthy food and water-only educational environments. This includes a focus on healthy food and drink policies. Toolkits have been developed to support this.



Sport NZ

Providing a physical activity workforce to support 800 primary and intermediate schools and kura to create healthy and active learning environments, and better connection to their local communities.



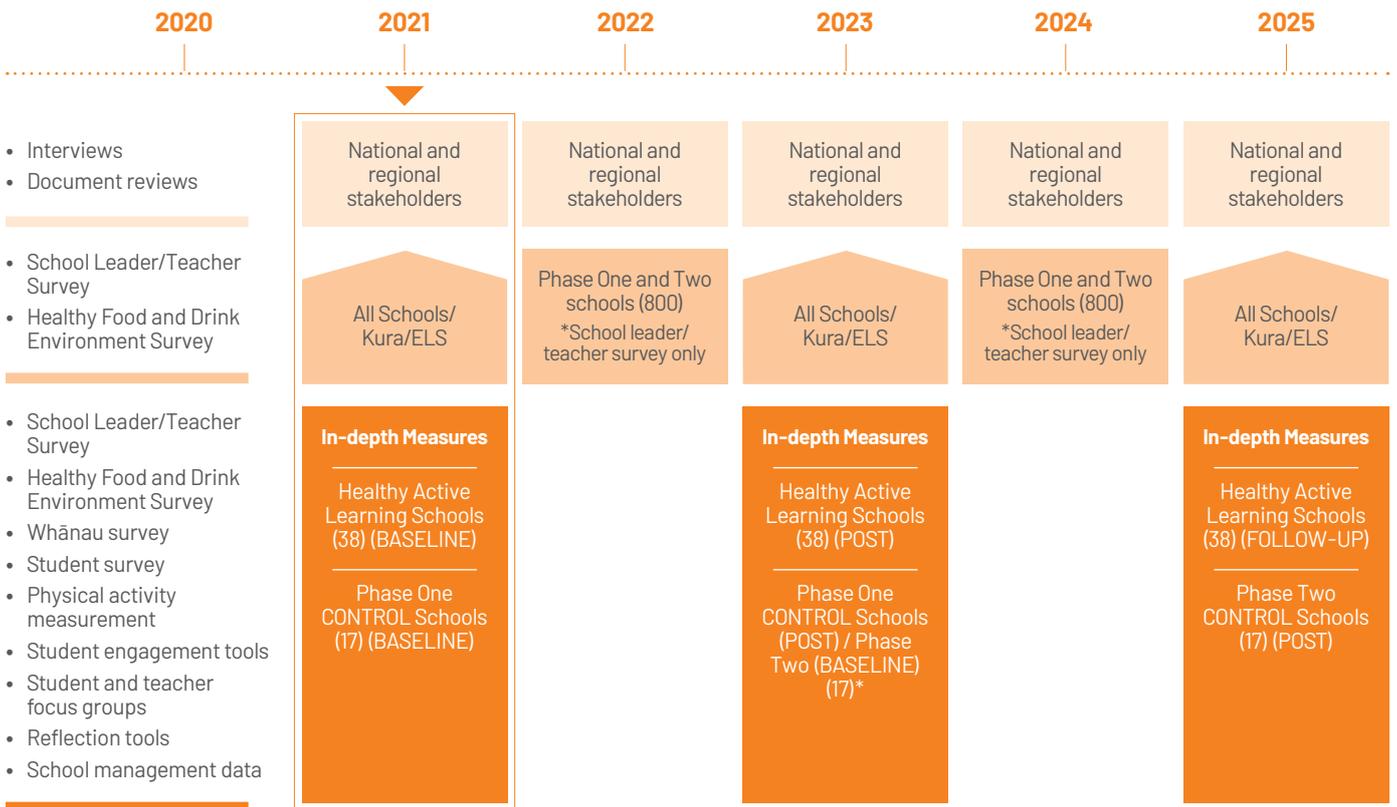
Ministry of Education

Creating new Health and Physical Education (HPE) and Hauora curriculum resources to support all schools and kura to enhance the understanding, planning and delivery of HPE and physical activity. The resources will be developed in Te Reo Māori and English.



Early Learning Services (including Māori medium)	✓		
Kura	✓	✓	✓
Wharekura	✓	✓	✓
Primary Schools	✓	✓	✓
Intermediate schools	✓	✓	✓
Secondary Schools	✓		✓

What does the national evaluation look like?



*Phase one control schools become the phase two intervention schools



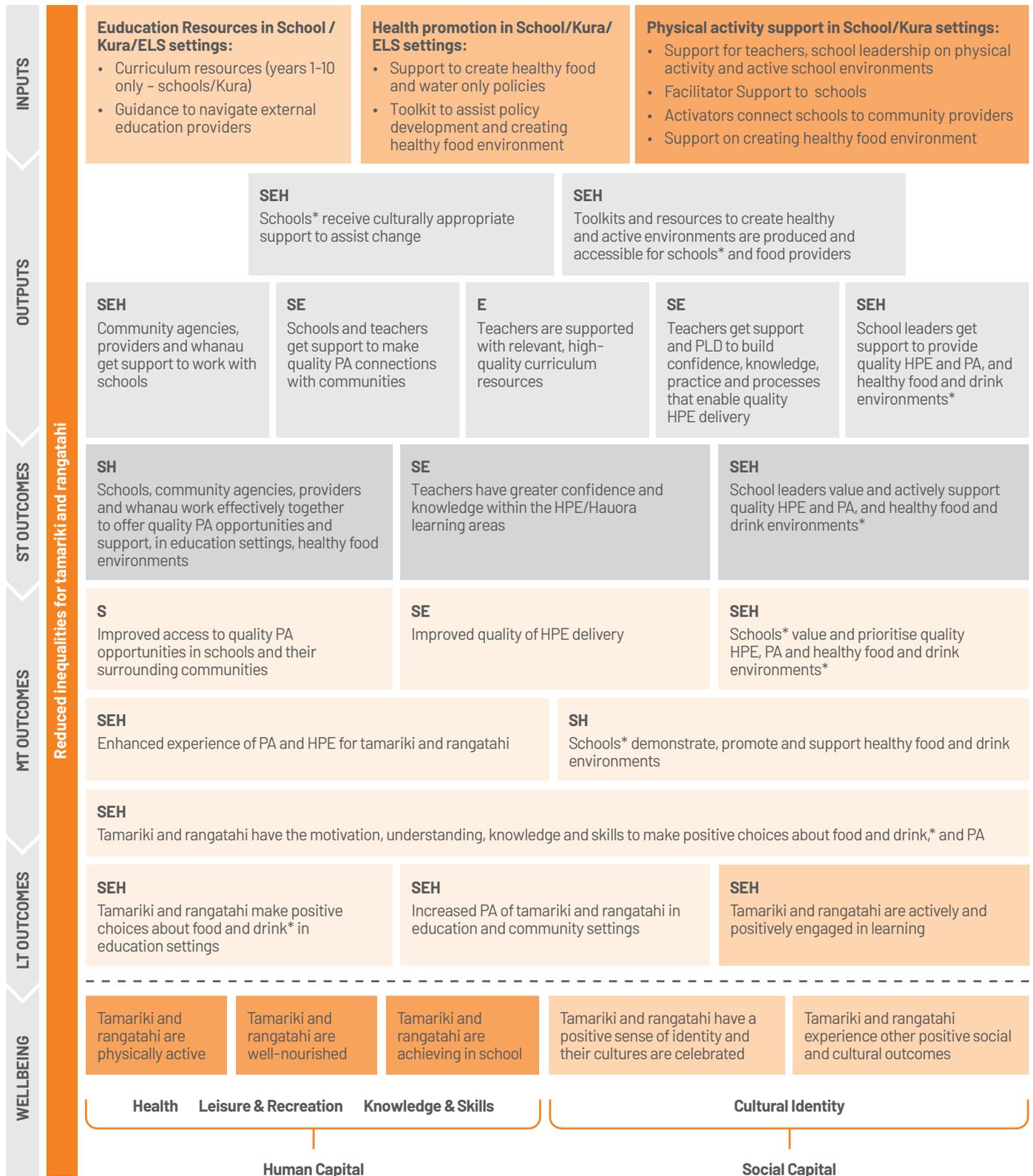
The Healthy Active Learning Intervention Logic

Notes:

Schools Refers to the education settings of mainstream schools and Kura
***** Refers to also in Early Learning Services
PA Refers to Play, Sport and Active Recreation

Key (relevant outcomes for each agency initiative):

S Sport NZ initiative
H Health
E Education



Evaluation objectives

Inform how well Healthy Active Learning is being implemented and how well it is progressing toward achieving its outcomes.

Demonstrate the impact Healthy Active Learning has on achieving the desired outcomes which can be clearly understood by all stakeholders.

Provide a framework for ongoing monitoring and evaluation of Healthy Active Learning when it expands nationally.

Evaluation questions

Process evaluation:

1. How well is Healthy Active Learning being managed by Sport NZ, Ministry of Health and Ministry of Education, and implemented at a regional level by Regional Sports Trusts, District Health Boards and education settings, and was Healthy Active Learning implemented as planned?
2. What are the enablers and barriers to implementing Healthy Active Learning in the selected communities and schools and kura?

Outcome evaluation:

1. To what extent have the short-term, medium-term and long-term outcomes of Healthy Active Learning been achieved?
2. To what extent can the changes be attributed to Healthy Active Learning?
3. What is the contribution of the components of Healthy Active Learning to the short-term, medium-term and long-term outcomes of Healthy Active Learning?
4. To what extent does Healthy Active Learning provide value for money?
5. How will the programme, or the outcome of the programme, be sustained beyond the funding timeframe?

Methods and tools

Perspectives:

- Tamariki
- Whānau
- Teachers
- School Leaders
- Community Providers/Organisations
- Regional Orgs
- National Orgs

