Term	Curricular	Cross-curricular	Co-curricular	Active transport
1	PD for staff.  Do we deliver quality physical activity?  How can we improve?  Where can we get advice/assistance?	Include physical activity in mathematics measurement unit.	Provide activities at morning break. Share ideas with school whānau.	Have a ride-to-school day or week.
2	Health and Physical Education unit on playground games, or getting to and from school. Include survey of school transport patterns.	Include active transport focus in language programme – writing to justify a point of view.	Provide lunchtime activities twice a week.  Train seniors to run lunchtime activities as part of the senior leadership programme.	See Get Started for ideas on establishing a lunchtime physical activity programme led by senior students.  Survey school transport patterns.  Promote active options through newsletter.
3	All staff are familiar with Health and Physical Education resources including exemplars and the Curriculum In Action series. How can we maximise the benefit of these in our teaching?	Include physical activity in mathematics, language or a topic unit. Plan this within syndicates.	Gather whänau support for before-school physical activity. Who can help?	Convene a hui or use the school newsletter to canvas ideas and support.  Form a parent/whānau group.  Parent group to implement ideas from last term's hui.  When planning for camp activities teachers and students to be aware of the need for a physical activity focus.  Gather whānau support for proposed walk-to-school initiative.
4	School physical education units reviewed before delivery for quality physical activity, inclusion and appropriateness.	Include physical activity in mathematics, language or a topic unit. Plan this within syndicates.	Parent group to implement and supervise weekly beforeschool physical activity.  Have an emphasis on physical activity at school camp.	Parent group to implement ideas from last term's hui.  Teachers and students to be aware of the need for a physical activity focus when planning activities for camp. Implement walk-to-school initiative.
Who's in charge?	DP or volunteer	Syndicate leader or volunteer	Principal or volunteer	Volunteer staff member

Provide equipment for games, such as elastics, skipping ropes, balls.

Encourage spontaneous play with equipment such as balls, hoops, flying discs.

Have staff and students brainstorm ideas and share these in the school newsletter.

See Get Started for ideas on establishing a lunchtime physical activity programme led by senior students.

Convene a hui or use the school newsletter to canvass ideas and support. Form a parent/whānau group.

Have parent group implement ideas from last term's hui.

Make teachers and students aware of the need for a physical activity focus when planning activities for camp.